

# THE WASHINGTON HERALD'S WOMAN'S PAGE

## Famous Woman—Her Birthday and Yours

### MRS. HARRIET GROTE

By FRANCES MARSHALL.

(Copyright, 1914.)

Harriet Grote, the celebrated wife of the English historian, George Grote, was born the last day of June, 1792. As a young woman she was high spirited and brilliant, and altogether charming. When she was twenty-two George Grote, then a young man of twenty, first met her, and in short order fell very sincerely in love with her. There was a disappointed rival in the case, however, Peter Elmsley, who later became a famous scientist, who did all he could to prevent Harriet and her youthful admirer from becoming engaged. Elmsley told Grote that Harriet was already engaged to another, and Grote, thinking that she had been trifling with his affections, was cast in the depths of despair. In this frame of mind he made a solemn pledge to his father that he would never think of marrying with-out full parental consent and advice. So when two years later he met the charming Harriet again and again fell under the spell of her fascination and through a mutual explanation discovered the

## SUMMER ACCIDENTS AND HOW TO TREAT THEM

**Sunstroke.**

Remove to a shady place. Lay the patient down, head level with body, and loosen tight clothing. Pour cold water on head and face. Rub the body with a piece of ice. In prostration from sunstroke apply heat to the hands and feet.

**Cramps.**

There is only thing for a swimmer taken with cramps when out of his depth to do—to try to lie on his back and float until aid comes. The same is true of a poor swimmer caught by an undertow. If he can lie still and float he will come to the surface in a few seconds.

**Stiffness.**

When returning from a long walk or row rub down briskly with alcohol. A cold bath is often effective, but it should always be followed by a good rubdown. Stiffness will soon pass away if you disregard it and keep on at the exercise.

**Chills.**

If you get a chill through being wet or through sitting in a cold place when very hot with exertion, put the feet into a pail of water as hot as can be borne.

in which a handful of mustard has been dissolved. Go to bed under a liberal supply of blankets and take a hot drink, lemonade or Jamaica rum being the best.

**Stings and Bites.**

Whether of bees, wasps, hornets, centipedes, spiders, tarantulas or any insects the treatment is the same. Apply barbasol (ammonia) or table salt to the stung spot. Wash mosquito bites with a strong solution of bicarbonate of soda. Don't scratch, no matter how they itch.

**Poison Ivy.**

Bathe the affected parts in a strong solution of bicarbonate of soda. Poison Ivy is one of the most mysterious of afflictions. One person may handle the leaves with impunity, while another will break out in sores after merely passing near to where it is growing.

**Freckly Heat.**

Bathe in a strong solution of bicarbonate of soda (ordinary baking soda); take sips of aquilla internally and avoid heating food. It is well to dust the affected with a simple powder, such as borated talcum.

**Sunburn.**

To prevent soreness from sunburn bathe the parts that have been exposed with glycerin and elderflower water. To cure sunburn bathe the affected parts with an emulsion of linseed oil and lime water (caron oil), which any druggist can supply.

## FEMININE FRILLS AND FURBELOWS

There is no costume that depends more on the perfection of cut and style than the tennis costume, for the outfit itself is so very simple that every imperfection shows. Though the fabric itself costs but little more than a few dollars, whether it be made by a smart tailor or by a seamstress at home—the lines of the costume must be fashionable and the fit well-nigh perfect.

A shirt waist and skirt are, of course, the ideal outfit, but the shirt waist must be made by hand, tucks and hemstitching of the finest workmanship, and the skirt must be cut along comfortable but smart lines. Both are untrifled, for severe simplicity is the keynote of the costume.

No matter how much or how little color is used in any one season, black always holds a place, sometimes bigger, sometimes smaller, in the estimation of the dressmaker. This is a season of black hats. There are black satin and taffeta frocks, too, in abundance. This year black satin girdles are used to give character to many of the brightly colored frocks.

## Housewife's Daily Economy Calendar

BARRIES AND SLEEP.

By FRANCES MARSHALL.

The sleeping hours are the longest ones in a very small baby's existence. Even when it is a year old, it sleeps, normally, at least fourteen hours out of the twenty-four. And yet for years it sleeps half the time.

So the sleeping time is very important, if the child's health and happiness are to be all that it deserves. And it is because every one who has anything to do with small children to see that their sleeping hours are comfortable.

The sense of sight is the first one that falls from the child. Therefore, a shaded room is the most comfortable for sleeping. Then touch and taste, smell and sound, fall respectively. So anything that arouses the senses, destroys sleep.

It is said that a strong odor of perfume awakens a child more quickly than a light shake or even a moderately loud noise.

So strong odors should not be kept near a sleeping child. And no nurse should be allowed to use strong perfume.

Singing, walking up and down in a brightly lighted room, is one of the worst

ways of putting a baby to sleep, for the senses that must be lulled before sleep comes are instead irritated and awakened.

The best way to get a nervous baby to sleep is to place it in a comfortable crib, with one hand of the mother or nurse resting on it, in a darkened room. The child will then feel that someone is near it, but at the same time all its senses will be lulled.

No child should be expected to sleep if it is not physically comfortable. If it is very warm, it cannot be comfortable. So it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

Sleep at the end of the first hour is deeper than at any other time. After that the sleep very gradually lightens until it should be bathed with tepid water, a little warmer than the air, and carefully dried without much friction. The air will then feel cooler than the refreshed skin, and the child will be comfortable.

A delightful blouse of this kind was seen the other day, made of dark blue satin and taffeta ribbon. The blouse was of plain ribbon, and the neck was outlined with narrow ribbon brought across to the waist. The soft roll-over collar was of muslin. This blouse could be worn with a skirt of either blue or white. A second model showed a dainty lingerie blouse of voile and lace, fastening with small pearl ball buttons, which should be removed when the blouse is sent to the laundry.

The number of fresh fabrics that have put in an appearance this season is almost bewildering. True, some are old friends under new titles, while others on closer inspection are found to be anything but delectable. Meanwhile, calmly pursuing an even tenor of success is tussore, a material responsible for an original and smart walking dress seen recently. The whole scheme was delightfully fresh in feeling and among the advance notes in the model was the closer fitting bodice, the precursor of much change.

A delicate shade of tussore was selected, with the deep swathed belt of mole taffeta, this at the back forming a wide flat bow. The skirt line of buttons carried from hem to throat were covered with the tussore, while the corsage was finished with two delicate white tulle frills fitting closely around the throat.

## WHAT TO SERVE AT THE HOME TABLE

Appended Price List and Menu Will Prove a Helpful Guide.

**BREAKFAST.**

Cream of Wheat with Chopped Dates and Raisins. French Roll, Coffee.

**LUNCHEON.**

Continental Salad. Nut Bread and Butter with Cheese, Hermit, and Tea.

**DINNER.**

Roasted Lamb, Corn, Cucumber Sauce, Roasted Potatoes, Creamed Young Onions, Cherry Jelly, Coffee.

**Materials and cost.**—Cream of wheat, 4c; half pound dates, 5c; half dozen rolls, 6c; tea and coffee, 8c; vegetables for salad, 15c; half loaf nut bread, 5c; hermit, 6c; trout, 25c; cherries, 10c; potatoes, 5c; milk and cream, 15c; sugar, butter, etc., 15c. Total \$1.27.

**Cucumber Sauce.**—This is especially good with broiled fish. Chop a cucumber fine, drain in a colander. After seasoning with salt and pepper add two tablespoonsfuls coconut cream or plain cream, then a teaspoonful of lemon juice and serve.

**Therapy Jelly.**—Soak one-half tablespoon gelatin in two tablespoons cold water. Stone one pint cream of tartar as much juice as you can and adding it to gelatin. Pour on gelatin one cup boiling water. Swallow when dissolved, remembering that you must allow sugar enough to sweeten the cherries also. Turn cherries in glass dish, strain over jelly and chill. Serve with cream.

**HOUSEHOLD HINTS.**

It is best to give linens a long soaking before washing. If this method is followed stains will wash out easily.

For faded ribbons, add a little pearlash to the soap lather, and the ribbon will usually regain its color. Silk that is too much faded, may be treated in like manner.

To remove egg stains from silk rub with common salt.

One part oxalic acid to nineteen parts of water, applied with a fresh cloth, will remove perspiration stains.

**CAMEO ART VERY OLD.**

The revival of cameo jewelry recalls a lot of antiquity. The Egyptians made them, and the Greeks and Romans, for cameos were the special delight of the ancients. Princes and Popes of the middle ages collected them. Michael Angelo greatly admired them. The ancients cut these stones with drills worked by hand, and achieved the beauty of the contrast between the white figures and the dark backgrounds, that make for the great charm of the cameo, whatever methods are used to produce it.

The cameo ring outlives the brooch in popularity today.

To extract ink from cotton, silk or woolen goods, dip in spirits of turpentine and let remain for several hours. Then rub thoroughly between the hands and the spots will disappear without changing either the color or texture of the goods.

**COOKING WITH ELECTRICITY** is practical. ALL THE HEAT is utilized.

**Reduce the Labor of Housekeeping**

—by employing Vacuum Cleaners and Electric Washing Machines.

See our complete line of Electric Ranges, Cooking Utensils, Household Appliances, and Electric Fans.

**NATIONAL ELECTRICAL SUPPLY CO.**

1328 N. Y. Ave. The Electric House 1330 N. Y. Ave.

## W. B. Moses & Sons

### F and 11th Sts.

## Wall Papers in the Pre-Inventory Sale

New assortments are added every day to supplant those that have been disposed of.

## Former Prices Disregarded

On account of the rebuilding and reorganization of this department.

## Sold by the Bundle Only

Please bring dimensions of your rooms and the number of doors and windows as we cannot take measurements.

LOT NO. 1.	LOT NO. 2.	LOT NO. 3.
Papers Worth \$2 Bundle, 50c.	Papers Worth \$2.50 Bundle for 75c.	Papers Worth \$3 and \$4 Bundle for \$1.00.
None Reserved	None Exchanged	All Sales Final

## DAILY HOROSCOPE.

"The stars incline, but do not compel."

TUESDAY, JUNE 30, 1914.

This is not an altogether fortunate day, according to the reading of astrology. While Mars is mildly benefic in aspect, the sun is strongly adverse and Jupiter is unfriendly.

The aspect is a favorable one for the student at investigation of subjects connected with medicine, surgery, and the scientific treatment of the human body. It is a lucky day for engineers, carpenters, draftsmen and lumbermen.

Soldiers, armors, policemen, and all who guard the public from dangers are subject to an auspicious rule. There is a lucky sign for canvassers and soliciting patrons. Commercial travelers should benefit.

While this configuration lasts, it is held as an exceedingly inauspicious time to seek the aid or favor of persons in high place. It is well to avoid financiers, whose co-operation is desirable and government officials whose aid is required for any purpose.

It is said to be most unlucky to tell of plans or to describe any enterprise that have future possibilities, when the sun is exercising an evil sway. Danger of heat prostration is increased under this configuration, which is also held for persons who have weak hearts.

Loss through speculation and difficulty with financial negotiations are believed to multiply while this rule continues. Bases in the royal family of Great Britain is foretold and many anxieties will beset King George, who will have no surcease of care through the autumn.

Foreign astrologers call attention to "the American hysteria" that causes concentration on one subject, which is soon forgotten. They prognosticate new perils for women and children who live in the large cities.

The stars indicate a growing popularity of "vehicles that belong to the air and to aerobaths." which is interpreted as referring to aerobaths.

Persons whose birthdate it is may have a troubled year. Men have the anxiety of money losses. Those who are employed should be exceedingly careful. Children born on this day probably will have great changes in fortune. They may be quick-witted and clever, but not practical, where money is involved. (Copyright, 1914.)

**TO REMOVE INK.**

To extract ink from cotton, silk or woolen goods, dip in spirits of turpentine and let remain for several hours. Then rub thoroughly between the hands and the spots will disappear without changing either the color or texture of the goods.

## ACTIVITIES OF WOMEN

By WINIFRED SHORT.

Women will be admitted on an equal with men in the medical department of the University of Pennsylvania at the opening of the next term.

Miss Gertrude M. Williams, a medical student at Syracuse University, has been awarded a silver cup for beating a class of male students at dissection.

Miss Cecil Leitch, winner of the ladies golf championship, played recently in England, began to play golf when she was nine years of age, and has never had a lesson.

Although she is not yet twenty years of age, Mrs. Elvira Gutierrez is known as the Joan of Arc of Northern Mexico, having taken part in seven battles in the rebel ranks.

Miss Margarette Toth, of Cleveland, Ohio, has patented a hairpin, the top of which is enlarged and recessed with spring fingers to catch in the hair when the pin is in place.

Miss Alice Richard, a society girl of New York, not desiring to lead a life of ease which her wealth and social position permits, has become a trained nurse to work among babies in hospitals.

Out of every 100 American girls between school and marriage, fifty are either assisting their mother in their own homes, making homes for their relatives or working for wages under some other home maker.

According to Dr. Louis Brock, the eminent French physician, women are fast deteriorating physically owing to their exaggerated efforts which they are making toward what they call their emancipation.

If the bill introduced in Congress by Senator Jones, of Washington, becomes a law, all widows of civil war veterans will receive a pension of \$20 a month instead of \$12, which they are receiving at the present time.

Among the women workers there are today thirty times as many bookkeepers, clerks, and office workers as there were

## PAINTED FURNITURE.

Old-fashioned cottage furniture painted in colors is being brought to light again. Black furniture, painted with colored decorations, is coming to the fore in the general craze for black and white. Here is a chance for the home artist who tries her skill on the backs of chairs and the table tops and fronts of cabinets.

This painted furniture is particularly suited to the summer cottage, and the decoration will give a vacation employment to the artistic members of the family, who will add baskets of fruit and floral sprays, according to taste.

The writer has an old secretary which was decorated by two children of the family two generations ago, who applied decalcomania or "transfer" pictures to its solid walnut doors in a frantic effort to make the massive old piece up to date at the time painted furniture was in style during the early Victorian period.

The Austrian Women's Congress have resolved to organize an international housewives' union so as to obtain a reduction in the retail prices of food. They will boycott certain goods throughout the world.

**Our Palm Garden**

Is a place you will be proud to bring your friends to for a dish of the finest ice cream or any of our many soda fountain specials. Without exception, the finest garden south of New York.

Muscle 2 to 5 and 10 to 12 P. M. Fresh Candies, 4c to \$1.50 a lb.

**Lady Fairfax Candy Co.,**  
1331 F Street N. W.

## M. Brooks & Co.

### The Woman's Store, 1109 G Street

## Greatest Summer Sale We Have Ever Held

Extra preparation has been made for this sale. In every department you will be greeted with the smartest apparel shown this season at prices you can't afford to overlook.

## BIG SALE OF DRESSES

100 dresses. In Voiles, striped and plain effects. French Linen, crepes and serges.

A most extraordinary offering of high-class Dresses. Smart styles, choicest fabrics.

**\$5.00** **\$10**

Values up to \$22.50.

## SPECIAL IN WASH SKIRTS

The kind that fit well with the smart, long tunic. In serge and checks.

**\$2.98 and \$5**

**TWO SPECIAL LOTS OF SUITS**

**\$5.75 and \$9.75**

\$25, \$30 to \$35 values.

For the vacation trip one of these suits would be just the thing.

## GREATEST VALUES IN WAISTS HERE

100 dainty lingerie and voile waists.

100 washable silk waists, plain and fancies.

**\$1.00** **\$1.59**

\$2.98 value.

## DURING JULY

Your Old Laundry Iron and \$2 Will Buy

a \$3 Guaranteed

## ELECTRIC IRON

This offer applies to gas irons, old-fashioned sad irons, electric irons, or any other kind; only one old iron will be accepted on account of the price of an electric iron. Irons sold under this offer to this company's customers only, and but one iron to each customer. This is a real bargain. Don't miss it.

Remember, there is no iron "just as good" as the electric iron.

**Potomac Electric Power Co.**

Cor. 14th and C Streets N. W.

Our Credit Accommodation Brings Home Comfort

817 to 823 Seventh Street

**Fireproof Storage**

Pianos Trunks Silver Boxes

Estimates Furnished

**Household Goods**

840 Separate Locked Rooms \$2.00 Per Month and Up.

**Merchants' Transfer & Storage Co.**

920-922 E St. N.W.

Phone M. 6900.

No. 508—Sizes, 4, 5, 6, 8, 10, 12 and 14 years.

Price, 15 cents.—Picture Review Pattern.